

Appointment Prep

Please come to your fitting appointment with freshly washed, straightened hair.

You will need to have any colouring or dying completed before your appointment and we should have matched to this colour in your consultation.

No blunt cuts please –

Do not get your hair cut before the appointment, do not worry about un-even or split ends. I will need to blend your new extensions into your hair and this becomes very difficult with a blunt cut, I would essentially have to un-do all the work done by having your hair cut.

Any questions, queries or concerns please just ask me.

Hair Extension Aftercare Guide

- Immediately after fitting
- Washing your hair
- Daily Maintenance
- Sleeping
- Colouring
- Swimming/Sun Beds/Holidays to warmer climates
- Shampoo Conditioner and Products

NOW YOU'VE GOT YOUR FABULOUS HAIR EXTENSIONS! HOW DO YOU LOOK AFTER THEM TO KEEP THEM IN TOP CONDITION?

Correct aftercare is essential to maintain the quality of your hair extensions and to help prolong their life. It is important to not only follow the correct advice, but to also use the correct and recommended products.

Failure to follow correct aftercare advice could cause damage to the hair extensions and decrease their lifespan.

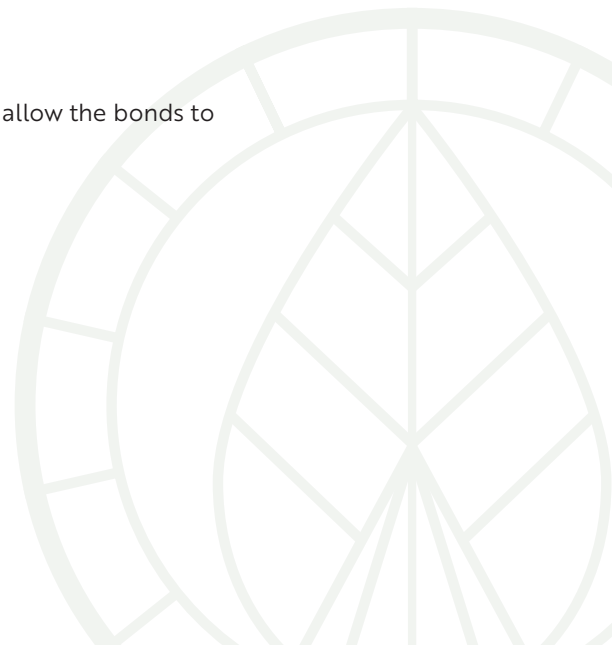
IMMEDIATELY AFTER FITTING

For tapes -

I would recommend not washing the hair for 2-3 days to allow the bonds to fully adhere.

For nano rings –

You're good to go straight away





WASHING YOUR HAIR

I would recommend that you should wash your hair **no more than 3 times per week**.

- Before washing you should de-tangle the hair from ends to root using a gentle brush.
- Wash the hair in an upright position – never tip your head forwards over a sink or a bath. Using specialist hair extension shampoo in lukewarm water, ensuring that you do not massage vigorously or twist the hair.
- Massage the shampoo gently into the scalp and over bonded areas letting the suds run through the lengths of the hair, shampoo twice to ensure clean scalp and lengths.
- Ensure conditioner is only on the middle and ends of the hair - avoid putting the product on the root area and areas where extensions are attached, making sure to rinse thoroughly to avoid any build-up.
- After washing, avoid rolling or rubbing the hair, instead gently squeeze out the excess water and pat dry with a towel.
- Apply hair extension heat protective oil, spray or serum to damp hair, starting at the tips gently smooth the product into the hair moving upwards, avoiding the bonded areas at the roots.
- When blow-drying your hair always use a gentle cold setting on the roots and bonds, using a hot setting can soften and weaken the bonds over time. You can then proceed to section and blow-dry the rest of your hair as normal.
- Avoid letting your extensions air dry naturally and rough drying your hair.

DAILY MAINTENANCE

It is important to use a professional extension brush or tangle teaser style brush when brushing the hair. You should always start to brush your hair from the bottom then slowly move up towards the top of the head to the root area. Always try to support the bonds at the root with your free hand when brushing, this prevents excess tugging on the bonds.

SLEEPING

When it comes to sleeping, avoid going to sleep with wet hair.

Always make sure your extensions are completely dry to avoid any potential problems occurring. We suggest putting your hair into a loose ponytail or plait before bed which helps to prevent the hair from tangling or matting.

General Advice

COLOURING

Only 100% remi or human hair extensions can be coloured, synthetic hair extensions cannot be coloured. Bearing in mind that the hair extensions have already been through a chemical process, it is at your own risk if you decide to dye them as it may affect the hair condition and the quality of the bonds may also be compromised. For this reason, it's a good idea to dye your hair before getting hair extensions installed, and having the hair colour matched to your desired colour.



Those with hair extensions in beautiful ash blonde colour shades can be maintained throughout wear with silver shade or purple toning products to maintain the colour tone, otherwise fading may occur, these are used at the users own risks.

SWIMMING/SUN BEDS/HOLIDAYS TO WARMER CLIMATES

Hair extensions are not recommended for use in chlorinated water, saltwater (sea), and hard water with high mineral content, or in hotter climates than normally accustomed to as damage, drying out or discolouration can occur.

You can prepare the extension hair by coating it in a watered down conditioner, avoiding the bonded areas. Tying the hair up securely to avoid getting it wet or tangling. Covering your hair with a scarf or hat will help avoid sun damage or discolouration and is good practice for natural hair and avoiding a burnt scalp! We advise washing hair thoroughly after a trip to the pool or beach and applying a generous amount of conditioner to the lengths and ends. There are products which can rectify the problem if discolouration should occur.

Be aware spf, tanning lotions, spray tan and fake tan can cause discolouration so keeping your hair tied up will help avoid this.

SHAMPOO CONDITIONER AND PRODUCTS

It's recommended that you only using products that are specifically designed for hair extensions as other types may cause damage to the bond or hair itself.

Make sure your use a good sulfate and silicon free shampoo and conditioner and stay away from products containing alcohol. A few drops of Argon oil or Moroccan oil on the ends of your hair will help keep your hair moisturised and in good condition.

Keep your hair looking gorgeous by taking good care of it and attending your regular maintenance appointments. When you're ready to have your extensions removed, please book a removal appointment to avoid damage to your own hair and scalp, by taking them out yourself.

If you have any questions, queries or concerns about your extensions please get in contact with me, I am more than happy to help.

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